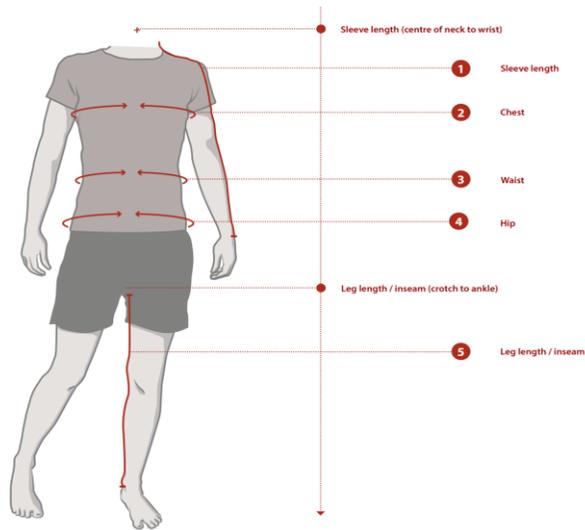


Men's Clothing

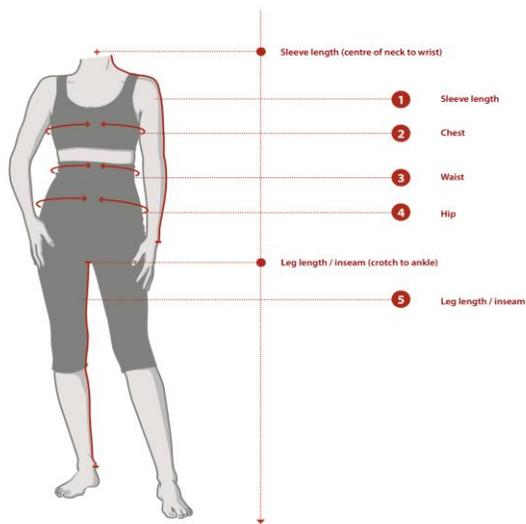
Size	XS / 28"	S / 30"	M / 32"	L / 34"	XL / 36"	XXL / 38"
	cm	cm	cm	cm	cm	cm
<b>Chest</b>	89	94	99	104	110	116
<b>Waist</b>	78	83	88	93	99	105
<b>Seat</b>	92	97	102	107	113	119



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Women's Clothing

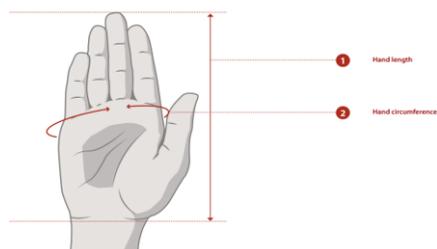
Size	XS	S	M	L	XL
	cm	cm	cm	cm	cm
<b>Chest</b>	82	86	90	94	98
<b>Waist</b>	66	70	74	78	82
<b>Seat</b>	92	96	100	104	108



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Women's Gloves

Size	S		M		L	
	inch	cm	inch	cm	inch	cm
<b>Hand Length</b>	5.5-6	14-15	6-7	16-19	9,7-7,9	17-20
<b>Hand Circumference</b>	6.3-6.7	16-17	6.3-7.5	16-19	6.7-8.3	17-21



- 1 Hand Length:** With your hand open, measure from the tip of your middle finger, down to the crease at the base of your palm.
- 2 Hand Circumference:** With your hand open, measure around the circumference of your hand, at the base of your knuckles.

## Unisex Clothing

Hip Shorts	XS-S	M	L-XL
	inch	inch	inch
Waist	28-30	31-33	34-36

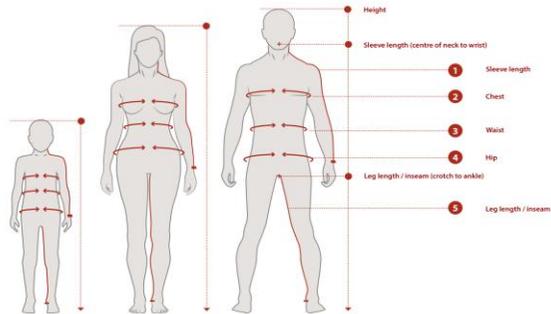
Back Protectors	XS-S		M		L-XL	
	inch	cm	inch	cm	inch	cm
Body Length	59-65	150-165	65-71	165-180	71-	180

Pocito Back-Protection	S		L	
	inch	cm	inch	cm
Body Length	39-49	100-125	49-59	125-150

Joint VPD Knee	S		M		L	
	inch	cm	inch	cm	inch	cm
Circumference calf	1.8-13.4	30-34	13.4-15	34-38	15.16.5	38-42
Circumference 10 cm above centre knee cap	14.6-16.1	37-41	16.1-17.7	41-45	17.7-19.3	45-49

Joint VPD Elbow	S		M		L	
	inch	cm	inch	cm	inch	cm
Circumference under arm	7.9-9.8	20-25	9.8-11.8	25-30	11.8-13.8	30-35
Circumference biceps	8.7-10.6	22-27	10.6-12.6	27-32	12.6-14.6	32-37

Joint VPD Shins	S		M		L	
	inch	cm	inch	cm	inch	cm
Centre ankle bone to centre knee cap length	6.7	17	8.3	21	10.2	26



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

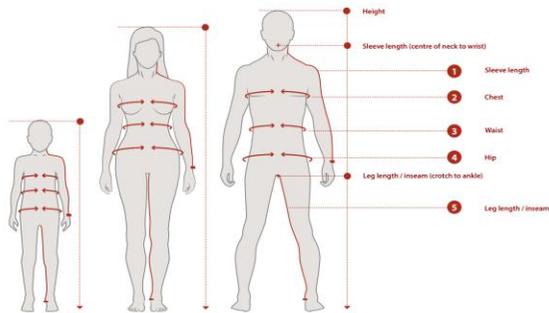
Full Arm Jacket	S	M	L
	cm	cm	cm
Body Length	150-165	165-180	180

Full Arm Jacket JR	S	M	L
	cm	cm	cm
Body Length	100-120	120-140	140-160

Body Protection	XS-S		M		L-XL	
	inch	cm	inch	cm	inch	cm
Body Length	59-65	150-165	65-71	165-180	71	180

Bone VPD Leq	S		L	
	inch	cm	inch	cm
Body Length	13.8-16.9	35-43	16.9-20.1	43-51

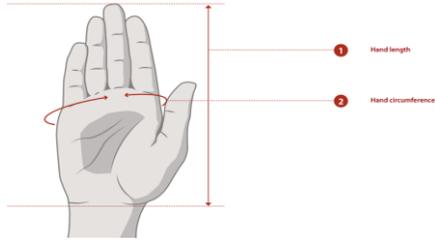
Bone Arm	S		L	
	inch	cm	inch	cm
Circumference Forearm	7.9-10.2	20-26	10.6-13	27-33
Circumference Biceps	8.7-11	22-28	11.4-13.8	29-35



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Unisex Gloves

Size	XS		S		M		L		XL	
	inch	cm								
Hand Length	5.5-6	14-15	6-6.7	15-17	6.7-7.5	17-19	7.5-8.3	19-21	8.3-8.7	21-22
Hand Circumference	6.3-6.7	16-17	6.3-7.5	16-19	6.7-8.3	17-21	6.7-9	17-23	8.7-9.5	22-24



**1 Hand Length:** With your hand open, measure from the tip of your middle finger, down to the crease at the base of your palm.

**2 Hand Circumference:** With your hand open, measure around the circumference of your hand, at the base of your knuckles.

## Unisex Helmets

### Skull Comp, Skull X, Skull Light, Receptor Crown, Receptor Bug, Sinuse

Size	XS	S	M	L	XL	XXL
	cm	cm	cm	cm	cm	cm
Head Circumference	51-52	53-54	55-56	57-58	59-60	61-62

### Synapsis, Frontal, Receptor+

Size	S	M	L	XL
	cm	cm	cm	cm
Head Circumference	53-54	55-56	57-58	59-60

### Cortex DH

Size	S-M	M-L	L-XL
	cm	cm	cm
Head Circumference	52-54	55-57	58-60

### POCito

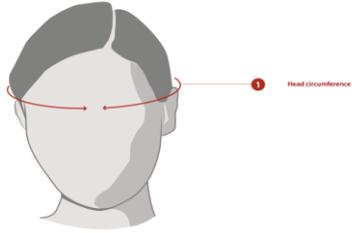
Size	XS-S
	cm
Head Circumference	51-54

### POCito Light

Size	XS-S	M-L
	cm	cm
Head Circumference	51-54	55-58

<b>Cortex</b>			
<b>Size</b>	<b>S-M</b>	<b>M-L</b>	<b>L-XL</b>
	<b>cm</b>	<b>cm</b>	<b>cm</b>
<b>Head Circumference</b>	52-54	55-57	58-60

<b>Trabec, Trabec Race, Trabec Race Mips, Receptor Flow, Crane</b>			
<b>Size</b>	<b>S-M</b>	<b>M-L</b>	<b>L-XL</b>
	<b>cm</b>	<b>cm</b>	<b>cm</b>
<b>Head Circumference</b>	51-54	55-58	59-62



**1 Head Circumference:** Wrap measuring tape around your head, just above eyebrows.