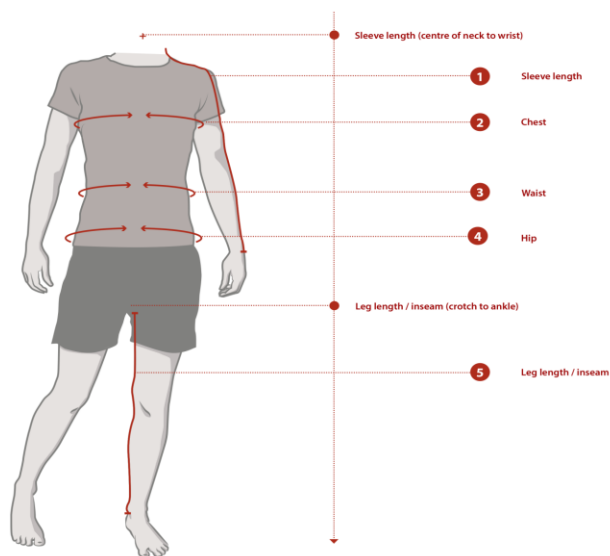


Men's Clothing

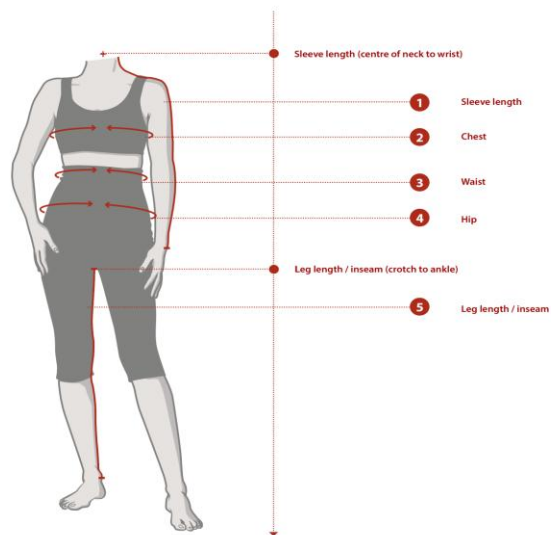
	XS		S		M		L		XL		XXL	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
<b>Waist</b>	28	71	30	76	32-33	81-84	33-34	84-86	36	91	38	96
<b>Chest</b>	33-34	84-86	35-37	89-94	38-40	96-101	41-43	104-109	44-46	112-117	47-49	119-124
<b>Sleeve Length</b>	32	81	33	60	34	86	35	89	36	91	36	91
<b>Inseam</b>	30	76	31	79	32	81	33-34	84-86	34	86	34	86



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.

## Women's Clothing

	XS (0-2)		S (4-6)		M (8-10)		L (12-14)		XL (16)	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
<b>Chest</b>	32-33	81-84	34-35	86-89	36-37	91-94	38.5-40	98-102	41.5	105
<b>Sleeve Length</b>	31.25	58	32	60	32.75	61	33.5	62	34.25	64
<b>Waist</b>	28-29	71-74	30-31	76-79	32-33	81-84	34.5-36	88-91	37.5	95
<b>Hip</b>	34.5-35.5	88-90	36.5-37.5	93-95	38.5-39.5	98-100	41-42.5	104-108	44	112
<b>Inseam (Capri)</b>	22-24	56-61	22-24	56-61	23-25	58-64	23-25	58-64	23-25	58-64
<b>Inseam (Pant)</b>	31-32	79-81	32	81	33	84	34	86	34	86



- 1 Sleeve Length:** With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.
- 2 Chest:** Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
- 3 Waist:** Measure the waist circumference at the smallest part of the waist, often at or above the belly button, keeping the tape horizontal around the body.
- 4 Hip:** Measure the hip circumference at the fullest part of the seat, keeping the tape horizontal around the body.
- 5 Inseam:** Measure the distance from the crotch to your ankle. Or you can take a pair of pants that fits and measure the inseam.