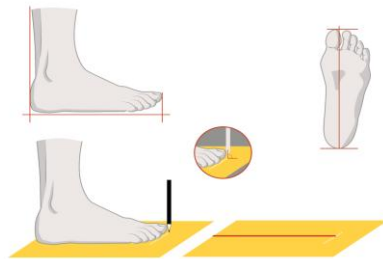


Men's Footwear

US	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5	15	15.5	16	16.5	17
UK	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5	15	15.5	16
EUR	36	36.5	37	37.5	38	39	39.5	40	41	41.5	42	42.5	43.5	44	44.5	45	46	46.5	47	48	48.5	49	49.5	50.5	51	51.5	52
cm	22.8	23.2	23.6	24.1	24.5	24.9	25.3	25.7	26.2	26.6	27	27.4	27.8	28.3	28.7	29.1	29.5	30	30.4	30.8	31.2	31.6	32.1	32.5	32.9	33.3	33.8

Women's Footwear

US	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5
UK	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9
EUR	36	36.5	37	37.5	38	39	39.5	40	41	41.5	42	42.5	43.5
cm	22.8	23.2	23.6	24.1	24.5	24.9	25.3	25.7	26.2	26.6	27	27.4	27.8



STEP 1 - Measuring your foot length

Tape the piece of paper to the floor against a flat wall and stand on it, bearing weight onto your foot.
Make a mark on the paper behind your heel, and one in front of your longest toe – this could be your first, second, or third toe.
Measure the longest distance from your heel and toe in centimetres or inches for both feet and note the measurement of the longer foot.
Finally refer to our shoe size conversion chart for larger feet to estimate your correct shoe size.

STEP 2 - Measuring your foot width

Now, make a mark next to the joints where your first and fifth toe join your foot, for most people this is usually the widest part of the foot. Again do it for both feet and take the widest measurement.

STEP 3 - Select the right size

If your measurement is between two sizes, always move up to the larger size.
Be sure to measure both feet. Many people have feet of different sizes. Fit to the larger of the two. Fit yourself at a similar time as when you will be wearing the footwear.
For daily footwear, fit yourself when you've been on your feet all day because your feet have expanded.